

Update May 2, 2026

# WALTZING WITH A WALKER

- This will NOT be a dance class in which you have to spend time listening to an instructor talk about how to do a variety of waltz steps.
- Remember the old roller skating rinks which people attended to just enjoy roller skating to music? My walker-waltz sessions in the large Pioneer West Hall at the Qualicum Beach Civic Centre will be very much like them. Other than a very short introductory demonstration of an easy-to-do basic waltz step, you will be free to move around the floor as waltz music is played continuously for one hour.
- It's up to you whether you choose to try the demo waltz step or choose to move around the floor using the normal way you walk.
- If you're having any difficulty with the basic step, please ask me for help and I can take you off to the side and help you. Please note that I will NOT be observing & evaluating how people are doing and I will only help if you ask me.
- Although I would appreciate dancers being on time for the beginning of the session, you may take a break (or breaks) from waltzing at any time during the session. As well, you may leave the session whenever you like.
- A friend or care person may accompany you to ensure your safety and comfort and there will be no charge for them.
- Please move around the floor in a counter-clockwise, oval fashion as if you were pleasure-skating at the local ice rink.

Happy waltzing!  
Ray 250-228-8755

NOTE: Page 2 is a copy of the classified ad in the May 6 & 13 editions of the Parksville Qualicum Beach News.

**WALTZING WITH  
A WALKER??**

**Yes, indeed!  
It's happening  
right here  
in Oceanside.**



Waltz-only  
dance sessions  
for  
walker-using  
seniors  
& other  
youngsters.  
All are welcome!

"Easy to do" basic  
waltz step  
will be shown.

**Thursdays  
May 14-21-28  
1:30-2:30 pm**  
Please arrive early!

Pioneer Hall West  
Qualicum Beach Civic  
Centre  
747 Jones St

\$10/session (cash only)

Have questions?  
Check the full info at  
**[www.redbluedance  
studio.com](http://www.redbluedancestudio.com)**  
or call  
**Ray 250-228-8755**